

Appendix C: ARCH-IDU Risk Score

ARCH-IDU Scoring Sheet

How old are you today (years)?	If <30 years If 30-39 years If 40-49 years If ≥50 years	Score 38 Score 24 Score 7 Score 0			_____
In the last 6 months, were you in a methadone maintenance program?	If yes, If no,	Score 0 Score 31			_____
In the last 6 months, how often did you inject heroin?	If 1 or more times If 0 times	Injection sub-score 1 Injection sub-score 0		_____	
In the last 5 months, how often did you inject cocaine?	If 1 or more times If 0 times	Injection sub-score 1 Injection sub-score 0		_____	
In the last 6 months, how often did you share a cooker?	If 1 or more times If 0 times	Injection sub-score 1 Injection sub-score 0		_____	
In the last 6 months, how often did you share needles?	If 1 or more times If 0 times	Injection sub-score 1 Injection sub-score 0		_____	
In the last 6 months, how often did you visit a shooting gallery?	If 1 or more times If 0 times	Injection sub-score 1 Injection sub-score 0		_____	
Composite Injection Score			Add down the injection sub-scores above		
			If 0 If 1 If 2 If 3 If 4 If 5	Score 0 Score 7 Score 21 Score 24 Score 24 Score 31	_____
	Add down the three entries in the right column to calculate total score				Total Score:

To identify active IDU in their practice, we recommend clinicians ask all patients a routine question: “Have you ever injected drugs that were not provided by a physician”. If yes, “When was the last time you injected any drugs?” Only complete the risk index if they have injected any nonprescription drug in the last 6 months.

If score is 46 or greater, evaluate for PrEP or other intensive HIV prevention services for IDU.

If score is 45 or less, provide standard HIV prevention services for IDU.

¹ Smith, D., Pan, Y. et al. (2015). A briefing tool to assess the risk of contracting HIV infection among active injection drug users. *Journal of Addiction Medicine*, 9(3), pp. 226-232.