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Undetectable = Untransmittable

It's a fact...

People with HIV who take medicine as prescribed and get and keep an undetectable viral load have effectively no risk of transmitting HIV to their HIV-negative sexual partners.

Take your medication every day, and see your doctor regularly. Ensure you have spoken to your sexual partners. There is still a legal risk, as Canadian law requires HIV positive individuals disclose their status to their partners.

For more information, visit SKHIV.ca.



Material adapted from the Center for Disease Control



Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



saskhealthauthority.ca