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Undetectable = Untransmittable

It's a fact...

People with HIV who take medicine as prescribed and get and keep an undetectable viral load have effectively no risk of transmitting HIV to their HIV-negative sexual partners.

Take your medication every day, and see your doctor regularly. Ensure you have spoken to your sexual partners. There is still a legal risk, as Canadian law requires HIV positive individuals disclose their status to their partners.



Material adapted from the Center for Disease Control

For more information, visit SKHIV.ca.



**Saskatchewan
Health Authority**

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.